

WHAT IS CLAIMED IS:

1. A one-piece tee for supporting a golf ball, comprising an elongated body having a head on one end formed to receive and support a golf ball and having a tip on its other end adapted to penetrate the ground to support the tee head at a desired height, at least one stop on said body spaced upwardly from the tip, said stop being constructed to enable a person to sense the increased penetration resistance encountered when the stop engages the ground so that a first depth of penetration will indicate the approximate amount of the tee extending above the stop, which would be a desirable location for positioning the golf ball to be hit by a large head golf club, said stop being further constructed such that the tee can be normally inserted further without difficulty to a second depth desirable for use with a golf club having a smaller head.

2. The tee of Claim 1, wherein said first stop is formed by a marked increase in cross sectional area formed by an increase in diameter or by a plurality of spaced ribs on said body.

3. The tee of Claim 1, including a second stop on said body spaced from said at least one stop towards said head, said second stop being constructed to provide increased resistance to insertion of the tee into the ground so as to enable the person to sense that the second depth has been reached.

4. The tee of Claim 3, wherein said stops are formed by a marked increase in cross sectional area formed by an increase in diameter or by a plurality of vertically extending ribs.

5. The tee of Claim 4, wherein said ribs extend between said stops.

6. The tee of Claim 3, wherein said tee is about three inches in length, said at least one stop is spaced about three-quarters of an inch from the tip, and the second stop is spaced about one and a quarter inch from the tip.

7. The tee of Claim 3, wherein said body includes visual marking that will indicate to a person the depth at which the tee has been inserted into the ground.

8. A method of positioning the head of a golf tee at a desired distance above the ground, comprising inserting the tip end of the golf tee into the ground until a depth of penetration by a stop on the tee at which a person can feel a marked increase in the resistance

to insertion, but yet can be readily inserted further, said stop providing an indication of the amount of tee extending above the stop suitable for use in connection with a large golf club head, and inserting the tee further into the ground until a second stop on the tee encounters the ground and provides an increase in resistance to penetration that indicates to the user that a depth of penetration has been reached that positions the golf tee head at a desired location for a smaller golf club head.